Adrenal Rebuilder®
Formulated by Dr. James L. Wilson

Natural Building Blocks for Endocrine Stress Support*

Adrenal Rebuilder® is formulated to provide naturally bioavailable building blocks the body can readily use to support healthy adrenal structure and promote optimal function of the adrenals and other endocrine glands affected by stress.* It contains a carefully balanced blend of porcine glandular tissue concentrates in the same form in which they occur in nature – but with the hormones removed. These concentrates contain specific protein structures and synergistic nutrients that are tailor-made for and uniquely beneficial to the corresponding glands in the body.* They efficiently supply essential elements for replenishing glandular structure and function without the undesirable effects that can be caused by hormones.* Adrenal Rebuilder is a rare source of purified porcine glandulars designed to preferentially nourish and build the glands of stress with optimal effectiveness in the following ways:*

Use of the whole glands clinically superior to hormone use alone*

**Adrenal Glandular Tissue**
- Studies from early to mid-20th century demonstrated that use of adrenal cortical glandular tissue promoted stable and lasting optimal adrenal function for hypo-adrenal patients. 1, 2, 3
- Pork adrenal cortex extract shown to enhance carbohydrate metabolism, glucose utilization and muscular work capacity in Addison’s patients 4
- A recent study showed that porcine adrenocortical extracellular matrix cells supported the endocrine function and proliferation of human adrenocortical cells in vitro. 5
- In 1955, John Tintera, MD, a well-known and respected endocrinologist, noted much enhanced clinical benefits for patients with hypo-adrenal states using adrenal cortical extract compared to those using hydrocortisone. 6

**Hypothalamus and Pituitary Glandular Tissue**
- Researchers continue to isolate and identify previously unknown components of porcine hypothalamus and pituitary gland which act directly on the HPA axis and affect stress response and energy regulation. 7, 8, 9
- Pituitary extract has been found to have strong antioxidant effects on human cells in vitro. 10

Glandular tissue preferentially absorbed and utilized by like glands*

**Porcine Glandulars (Adrenal, Gonad, Hypothalamus, Pituitary)**
- Pioneering endocrinologists throughout the 20th century found that adrenal glandular supplementation effectively promoted optimal adrenal function in patients with hypo-adrenal states. 2, 3, 4
- The famous endocrinologist Harvey Cushing, MD, noted in 1912 that administering pituitary gland tissue to patients experiencing pituitary insufficiency promoted pituitary health over time while simultaneously supplementing pituitary physiologic function. 11

Combining glands most affected by stress in balanced proportions works synergistically*

**Porcine Glandulars (Adrenal, Gonad, Hypothalamus, Pituitary)**
- The pioneering endocrinologists Henry Harrower, MD, and Harvey Cushing, MD, among others, noted that in thousands of cases of reduced endocrine function, patients usually responded remarkably better to the use of multiple whole glands together than to a single glandular product. 12, 13, 14

Porcine products superior to bovine for human use*

**Porcine Glandulars (Adrenal, Gonad, Hypothalamus, Pituitary)**
- It was recently demonstrated that human keratinocytes grew as well or better in a substrate using porcine pituitary extract than in similar bovine extract. 14
- Porcine adrenal glandulars demonstrated considerably greater biological activity than glandular products from either bovine or sheep origin. 4, 15

*These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.
Suggested Use

Take 1 caplet 3-6 times a day (1 upon rising, 1 at noon and 1 before bed; 1 additional caplet may be taken up to 3 times throughout the day, if desired). For more information see Dr. Wilson’s Program for Adrenal Fatigue.*

Companion Products Formulated by Dr. Wilson

**Adrenal Fatigue:** For optimal effectiveness, use Adrenal Rebuilder with the companion products Dr. Wilson formulated as part of his Program for Adrenal Fatigue: Super Adrenal Stress Formula®, Adrenal C Formula®, and Herbal Adrenal Support Formula®. Adrenal Rebuilder is the program’s deepest acting mainstay during adrenal fatigue, and should be the last adrenal supplement to be discontinued.*

**PMS and Menopause:** Herbal HPA™, Adrenal C Formula® and Super Adrenal Stress Formula®

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### Supplement Facts

<table>
<thead>
<tr>
<th>Serving Size 1 caplet</th>
<th>Servings Per Container 150</th>
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</thead>
<tbody>
<tr>
<td><strong>Amount Per Serving</strong></td>
<td><strong>% Daily Value</strong></td>
</tr>
<tr>
<td>Calcium (as glycerophosphate)</td>
<td>17 mg</td>
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<tr>
<td>Proprietary Blend</td>
<td>600 mg</td>
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<tr>
<td>Porcine glandulars (processed to remove hormones)</td>
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<tr>
<td>Adrenal Cortex</td>
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<tr>
<td>Hypothalamus</td>
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<td>Adrenal Pituitary</td>
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<td>Adrenal Thymus</td>
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<tr>
<td>Adrenal Phrenic Nerve</td>
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*Daily Value not established

Other Ingredients: Dicalcium Phosphate, Cellulose, Modified Cellulose, Stearic Acid, Magnesium Stearate, Food Glaze and Micro Wax.

DAIRY-FREE Contains NO milk, egg, sugar, salt, wheat, gluten, nuts, yeast, corn, soy or artificial coloring, flavoring or preservatives.

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References

12. Harrower HR. Practical organotherapy: the internal secretions in general practice. The Harrower Laboratory, Glendale CA; 1922, p 34.
13. Harrower HR. An endocrine handbook. The Harrower Laboratory, Glendale CA; 1939, p 17-18

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